

March 24, 2023 Endo Summit Surgery The Nicholson Center, Celebration FL

Endo Summit Surgery is designed to educate and advance endometriosis training with open and honest, unfiltered, collaborative discussions. It is a day of surgical videos, lectures, and interactive labs.

730am Doors Open

Grab your registration and head to our exhibit hall, photo station, or auditorium to get to know other attendees and faculty with an ice breaker scavenger hunt.

800 Surgical Boardroom

Piece through challenging endometriosis cases with the audience engaging in and discussing the decision-making process for the surgical videos. An excellent collaborative educational experience for surgeons.

***Please note while viewing is open to all, surgeons only will be allowed to comment at the mic for this particular activity.

1000 Break; Relaxation Station Opens

1025 Endo Summit Surgery Welcome

1035-1200 Fireside Chats

Join leaders in the endometriosis field as they chat about specific endometriosis cases. Sciatic Endometriosis, Bowel Endometriosis, Recurrent Miscarriage and Endometriosis and Lymphatic Endometriosis are slated to be discussed

1205-1240 Does excision of endometriosis work?

1245-130 Lunch

130 Exploring Post-Excision Pain

Pain that remains post excision can prove to be one of the most challenging things for someone with endometriosis. A multi-disciplinary panel with physical therapists, physiatrists and OBGYNs

200 The Bladder and Endometriosis

250 Break

300 Breakout Sessions

- 1. Sleep and Endometriosis- Geared towards physical therapists**
- 2. Surgical Lab**
- 3. Informed Consent**

500 Conclusion

Endo Summit Social March 24, 2023

It's no figment of our imaginations, the Endo Summit Social is here!

Fireworks Party in Epcot includes transportation to the park, desserts (with a gluten free option), a viewing area for Harmonious. THIS IS AN ADD ON TICKET

***Please note we are not able to provide mobility scooters for the party, however you may rent one on your own if needed

March 25, 2023

Endo Summit Workshop

Celebration Golf Club

700am Celebration Golf Club, Gazebo

Sunrise Centering with *Dana Bowling* OPTIONAL

The Endometriosis Summit can be a long and challenging conference. Many of the topics discussed can be triggering and sitting all day is not always great for the endo pelvis. Begin your day with breathwork and centering activities suitable for any physical level. YOU MUST REGISTER FOR THIS FREE SESSION

Endo Summit Workshop *gives the attendee an opportunity to explore individual topics affecting those with endometriosis in a workshop setting. Perfect for the practitioner, care taker or person with endometriosis who wants to delve deep into the journey of endometriosis. The day is meant to be interactive and thought provoking.*

730 **Doors Open, light Breakfast served**

800 **Welcome Address Dr Andrea Vidali and Dr Sallie Sarrel PT DPT**

815 **Teen Endometriosis: The Game Show Wendy Winer, RN BSN CNOR RNFA Center for Endometriosis Care**

910 **The Science of Pain. Dr Beth Dupree**

1000 **Break**

1015 **Compassion and Self Care Shelly Prosko PT, C-IAYT, PCAYT**

1130 **Compassion and Self Care: The Experience** Head down to our field for a 50 minute routine designed by Shelly to help you experience compassion and peace with your body. All physical levels will be accommodated

1220 **Endo Summit Workshop BBQ Lunch**

115 **Anything But Vanilla (*unless vanilla is what you want*): Pleasure Positive Sex Ed Heather Edwards, PT, AASECT** This will be an INCLUSIVE, NON-FILTERED pleasure-positive, in-depth and entertaining workshop on sex

245 **Is that Pelvic Pain from Your Foot? Lila Abbate PT DPT**

345 **Acceptance Amy Corfeli, author [Finding Peace with a Devastating Disease: Reflections on Endometriosis](#)**

445 **MARCHING WITH ENDOMARCH** join WorldWide EndoMarch as they advance endometriosis awareness with an endo march around Celebration, Florida. Bring your yellow and stand with WorldWide EndoMarch as they raise awareness for endometriosis around the globe.

GPHAM Meetup March 25 post Endo Summit Workshop details TBA

**March 26, 2023 The Endometriosis Summit's Patient and Practitioner Town Meeting
The Nicholson Center**

Our Town Meeting is designed to gather the endometriosis community to change the narrative of endometriosis. For those who have the disease, those who treat the disease, and those who love and support people with endometriosis this is the place to be a societal disruptor. Unite our voices. Come one, come all and drive endometriosis forward.

800am Doors Open

830 Welcome Address

**840 Disturbing the patriarchy: Activism, Social Movements, Menstruation and Endometriosis
*Dr Chris Bobel, PhD***

**915 Keynote Address: Driving Endometriosis Forward: Endometriosis Transcends Politics
*Jillian Gilcrest, State Representative, Connecticut House of Representatives***

Panel to Follow

1025 Break

1030 Panel 1: Surgery and Endometriosis

1125 The Burden of Adenomyosis

**1140 Panel 2: Making Decisions: Planning through endometriosis from Diagnosis to Recovery
to living well with the disease**

1230 Lunch

100 Breakouts

Room 1: ***Fertility and Miscarriage Support NOT AVAILABLE VIRTUALLY***

Room 2: **Beyond Surgery** discussions on Coping with Pain, Pros and Cons of Gabapentin, Hot Packs and Your Nerves, Vulvodynia and more

**205-250 The Braverman Memorial Lecture:
Management of Endometriomas *Dr Charles Miller***

Panel to follow

250-350 Gaslighting and Endometriosis lead by Researcher Eileen Holowka with *Dr. Wendy Bingham PT DPT, Ty Manley, Dr Malcolm Mackenzie and Kristina Kasparian*

350-450 Leg pain and Endometriosis

*****ALL PROGRAMS ARE SUBJECT TO CHANGE**