

**March 25, 2023      Endo Summit Workshop      Celebration Golf Club**

700am Celebration Golf Club, Gazebo

**Sunrise Centering with *Dana Bowling*** OPTIONAL

The Endometriosis Summit can be a long and challenging conference. Many of the topics discussed can be triggering and sitting all day is not always great for the endo pelvis. Begin your day with breathwork and centering activities suitable for any physical level. YOU MUST REGISTER FOR THIS FREE SESSION

**Endo Summit Workshop** *gives the attendee an opportunity to explore individual topics affecting those with endometriosis in a workshop setting. Perfect for the practitioner, care taker or person with endometriosis who wants to delve deep into the journey of endometriosis. The day is meant to be interactive and thought provoking.*

730 **Doors Open, light Breakfast served**

800 **Welcome Address Dr Andrea Vidali and Dr Sallie Sarrel PT DPT**

815 **Teen Endometriosis: The Game Show Wendy Winer, RN BSN CNOR RNFA Center for Endometriosis Care**

910 **The Science of Pain. Dr Beth Dupree**

1000 **Break**

1015 **Compassion and Self Care Shelly Prosko PT, C-IAYT, PCAYT**

1130 **Compassion and Self Care: The Experience** Head down to our field for a 50 minute routine designed by Shelly to help you experience compassion and peace with your body. All physical levels will be accommodated

1220 **Endo Summit Workshop BBQ Lunch**

115 **Anything But Vanilla (*unless vanilla is what you want*): Pleasure Positive Sex Ed Heather Edwards, PT, AASECT** This will be an INCLUSIVE, NON-FILTERED pleasure-positive, in-depth and entertaining workshop on sex

245 **Is that Pelvic Pain from Your Foot? Lila Abbate PT DPT**

345 **Acceptance Amy Corfeli, author [Finding Peace with a Devastating Disease: Reflections on Endometriosis](#)**

445 **MARCHING WITH ENDOMARCH** join WorldWide EndoMarch as they celebrate EndoMarch Day with an endo march around Celebration, Florida. Bring your yellow and stand with WorldWide EndoMarch as they raise awareness for endometriosis around the globe.

**GPHAM Meetup March 25 post Endo Summit Workshop details TBA**