

Healing starts here.
Digital Preliminary Program



Endo Summit
workshop

March 9, 2024 Margaritaville, Orlando

630AM OPTIONAL SUNRISE CENTERING

Sunrise Centering with Dana Bowling **OPTIONAL**

The Endometriosis Summit can be a long and challenging conference. Many of the topics discussed can be triggering and sitting all day is not always great for the endo pelvis. Begin your day with breathwork and centering activities suitable for any physical level. **YOU MUST REGISTER FOR THIS FREE SESSION**

Light Breakfast Served SPONSORSHIP AVAILABLE

700AM DOORS OPEN

730-800AM WHAT'S ENDOMETRIOSIS'S STINKY FISH Dr. Sallie Sarrel & Endo Summit Community

Dr. Chris Bobel PhD University of Massachusetts Boston

Get fired up to initiate change for those with endometriosis. Understand menstruation's history and the steps it takes to make our movement heard

800-850AM RISE UP AND ROAR

900-1015AM THE TRAUMA OF BEING GASLIT

Nearly every person with endometriosis reports being minimize or gaslit at least once during their journey with the disease. In this social worker guider activity understand the psychological impact gaslighting has on the person with endometriosis and take part in expressive activities about gaslighting

1015-1030 BREAK

1030-1130AM REIMBURSEMENT, INSURANCE, & ACCESS TO CARE FOR ENDOMETRIOSIS

Endometriosis is brutal to access. Join Kate Boyce, @endogirlsblog, Dr Louise P King MD, JD, Harvard University, and Dr Jeff Arrington, Endo West, for an honest and open panel discussion on these issues hampering all with endometriosis

1130-1220PM MICROBIOME & ENDOMETRIOSIS

Dr Shanti Mohling of Northwest Endometriosis and Pelvic Surgery discusses her recently published research on Microbiome and Endometriosis. Workshop will be interactive

1220-115PM LUNCH

Networking and Lunching with the Endo Community. Cheeseburger in Paradise and flip flops--optional

120-210PM

Special Project for MDs
Lab TBA

Social Worker Casey Berna will explore how to have your needs with endometriosis met by those around you. Workshop will feature how to talk to family, friends, caretakers, and partners about endometriosis.

210-330PM

Connective Tissue Disorders impact those with endometriosis. From EDS to MCAS and POTS explore with Dr Libby Hinsley, DPT the intricacies connective tissue and why they are linked to chronic pain

345-445PM INTRODUCING BREAK OUT ROOMS

FUNCTIONAL MEDICINE APPROACH TO ENDOMETRIOSIS

Dr Bri Wyatt, DPT will explore all things functional medicine, physical therapy, and endometriosis. From infared therapy to meditation explore why this approach may be a great adjunct to care

TAILBONE PAIN IS A PAIN IN THE A\$\$

Dr. Amanda Olson discusses tailbone, coccyx and sacroiliac joint disorders that are a pain in the a\$\$-litterally. Understand the role of pelvic floor, alignment, fascia and more in this hands on workshop. Great for those with endometriosis and those treating endometriosis

OPTIMIIZING FERTILITY OUTCOMES

Dr Andrea Vidali and team head an open and honest discussion on miscarriage, pregnancy loss and infertility. While excision greatly improves fertility outcomes understand why improving IVF and natural fertility chances may not only be about surgery. Connect to others with infertility.

Endometriosis Awareness Walk and Ice Cream Social immediately following the event, details to follow
GPHAM Meetup for members, 6pm Margaritaville